



COURTESY GRAPHIC

Community Events

Changes of command

Lt. Col Marla Buckles will take command of the 27th Medical Operations Squadron at 8 a.m. today at the entrance of the flight medicine clinic.

Lt. Col Stephen Wood will take command of the 27th Civil Engineer Squadron at 9 a.m. Wednesday in Bldg. 356.

MXG spouses appreciation

The 27th Maintenance Group is holding a spouses appreciation day July 31. Child care will be provided at no charge. Please register by July 26 by calling 27 MXG at 784-6460; 27 MOS at 784-2595, 27 AMXS at 784-6516, 27 CMS at 784-2626 or 27 EMS at 784-1272.

Blood drive

A blood drive is 10 a.m. to 3 p.m. Wednesday at Bldg. 620. Appointments can be made online at www.bloodhero.com. The sponsor code is "airplane."

Airman's Attic

The Airman's Attic is open 11 a.m. to 3:30 p.m. today and 10:30 a.m. to 1:30 p.m. Tuesday. It's located in the same building as the post office and the community center. Staff sergeants and below and their family members can take up to 20 items per week for personal use.

Hearts Apart

Spouses and family members of deployed or remote personnel are invited to the Hearts Apart pizza and pool party from noon to 2 p.m. Saturday at the Cannon swimming pool.

Call 784-4228 to register or for more information.

More Community Events on Page 10

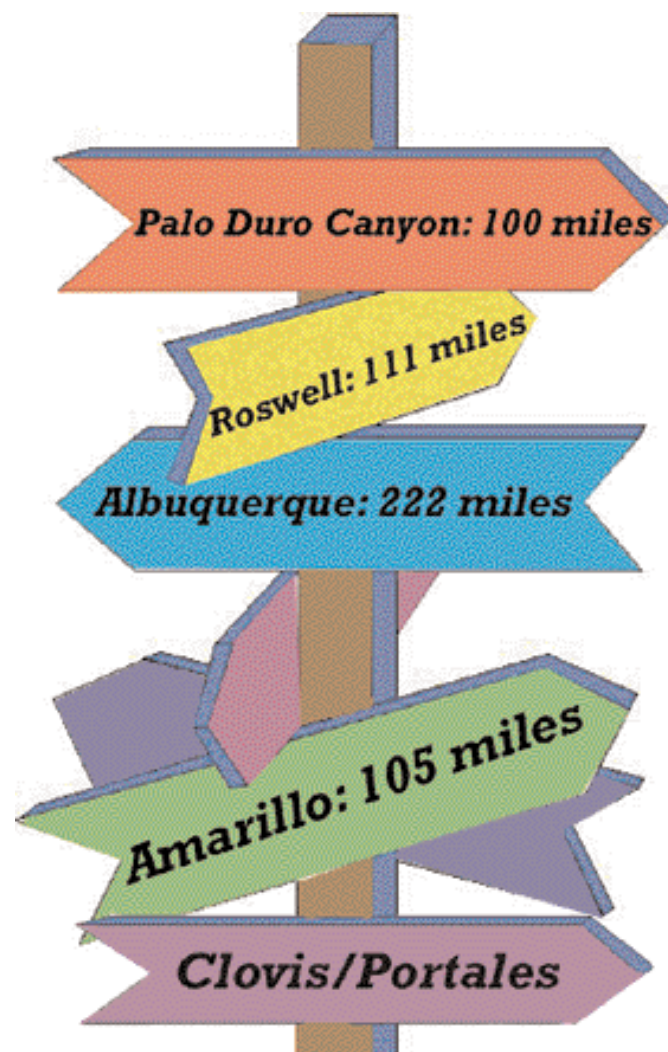
MACH METER

Vol. 51, No. 27

Cannon Air Force Base, N.M.

July 14, 2006

Discover Home



Enjoy America's Southwest

Places to go
Things to see
Stuff to do

Pages 12 and 13

Great deals
Win free trips

Page 14

Time to get out and enjoy!

Team Cannon – We live, work and play in a great community and state, so let's get out and "Discover Home" next weekend. Here's how.

We're holding an information fair from 8 a.m. to 4 p.m. today at The Landing. Community support has been outstanding. We'll have prizes, including round-trip tickets to Albuquerque, an RV show in the parking lot and a "burger burn" sponsored by the first shirts and our staff at The Landing. Every Airman will have the opportunity to walk

through each booth at today's fair and pick up flyers and brochures of things to do in eastern New Mexico and west Texas. All of us will get a bag to carry information home to share with families and discuss with friends and co-workers.

Next weekend, we'll all have a two-day pass, in conjunction with the weekend to "Discover Home" with co-workers, friends and family. I hope you'll take advantage of it – there's so much our community and states have to offer.

Cannon One



COURTESY PHOTO

Col. Scott West, 27th Fighter Wing commander, and his wife Jane enjoy a recent western cookout. The Discover Home show at The Landing today will have drawings for trips as well as travel brochures and flyers. The show is open to the Cannon public.



NEWS

Lt. Gen. Seip takes 12th AF reins

Courtesy 12th AF Public Affairs

DAVIS – MONTHAN AIR FORCE BASE, Ariz. – Lt. Gen. Norman Seip assumed command of 12th Air Force and Air Forces Southern from Lt. Gen. Randall Schmidt during a ceremony Friday at Davis-Monthan Air Force Base, Ariz. July 7.

Gen. Ronald Keys, commander of Air Combat Command, presided over the ceremony in which more than 500 Airmen, military and civic leaders attended.

"I recognize and appreciate the trust and confidence that General Keys has placed in me and it will never be taken for granted," said General Seip.

Standing before the crowd, General Seip spoke of his vision and focus for the command.

"First, win the global war on terrorism, while at the

same time ensuring we remain poised and ready to respond to the full spectrum of combat operations from humanitarian relief to major combat operations."

"Secondly, take care of our Airmen, our most valued resource and our greatest strength, by ensuring each of them is provided with the right leadership, supervision, training, resources and education in order for them to be successful at any task we might give them."

General Seip, a Middlesex, N.J. native, came to AFSOUTH (12th AF) after serving as the Assistant Deputy Chief of Staff for Air, Space and Information Operations, Plans and Requirements, Headquarters U.S. Air Force, Washington, D.C.

Some of the general's most recent combat experience was as the Deputy Combined Force Air Component Com-

mander, U.S. Central Command; Deputy Commander Air Force Forces and Deputy Commander, 9th Air and Space Expeditionary Task Force, ACC, Southwest Asia.

As commander of Air Forces Southern, a component to the combatant commander USSOUTHCOM, General Seip oversees Air Force assets, five forward operating locations, and civil and military engagements in Central and South America as well as the Caribbean. In his dual role as commander of 12th Air Force, the general is also responsible for seven active-duty wings, including Cannon Air Force Base, and three direct reporting units in the western and midwestern United States, in addition to the operational readiness of 14 wings of the Air Force Reserve and Air National Guard.

General Keys recognized



COURTESY PHOTO

Gen. Ronald Keys, Air Combat Commander, presents Lt. Gen. Norman Seip the guidon of 12th Air Force and Air Forces Southern command July 7 during a change of command ceremony at Davis-Monthan Air Force Base, Ariz. Gen. Seip replaces outgoing commander Lt. Gen. Randall Schmidt who is retiring after 34 years of active military service.

the achievements of the outgoing commander, General Schmidt, who received the Distinguished Service Medal for his work as the AFSOUTH

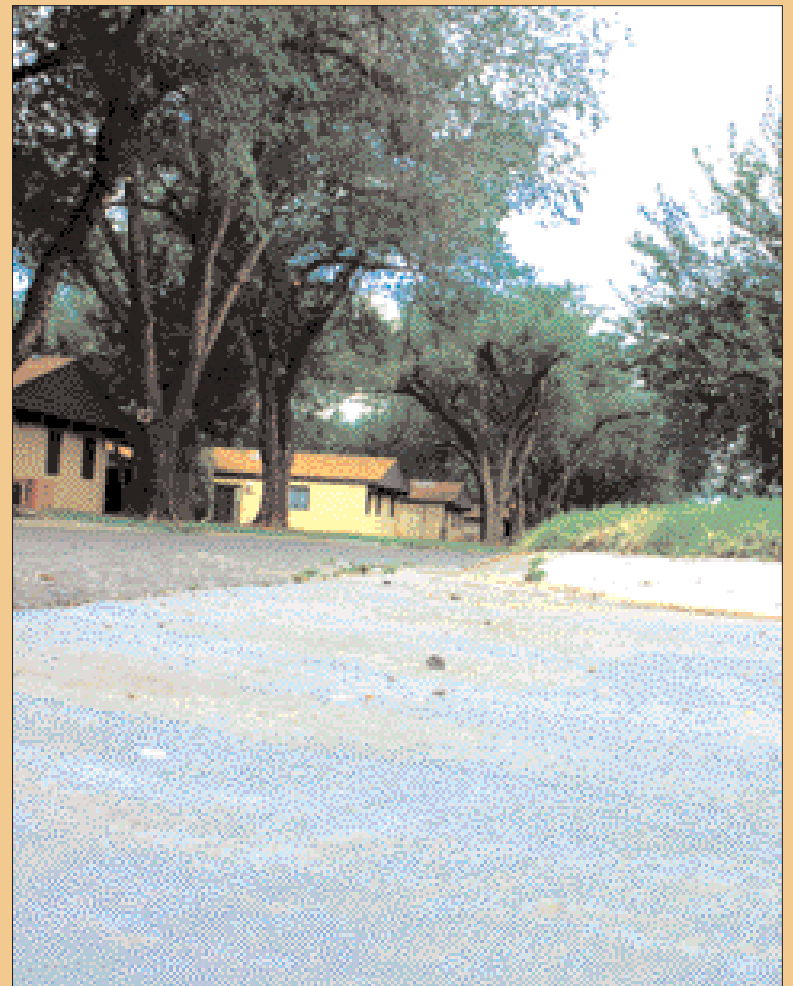
(12th AF) commander. After the formal change of command, General Schmidt retired after 34 years of active military service.



PHOTO BY AIRMAN 1ST CLASS THOMAS TROWER

Now you see it, now you don't

It only took about half an inch of rain to turn the normally dry corner of Arcadia Ave. and Varsity Loop (right) into a temporary lake (top). Cannon weather forecasters said the base received .39 inches of rain Thursday which created temporary lakes around the base. Despite an additional .09 of precipitation Monday, the area returned to normal.





NEWS

Stretching it out

Wellness clinic gives Airmen tips on running, exercise

By Janet Taylor Birkey
27th Fighter Wing Public Affairs

"If you see people who are good runners, they make it look effortless."

This was the observation from M.J. Anderson to 13 Airmen and civilians attending the Health and Wellness Center's Running Clinic.

Tuesday's clinic stressed proper running technique and footwear, exercise and diet for runners, and the importance of stretching before – and particularly after – exercise.

The clinic was a mix of old and new. The old, but important reminder of, "If you are thirsty, you are beyond the point of needing water," came from Staff Sgt. Alonzo Cromwell, 27th Fighter Wing nutritional medicine, to Maj. Lee Hinrichson, 27th Fighter Wing chief of physical services, telling runners they need to know how much water they sweat out during a run.

"How much [water] do you lose when you exercise? You should know [because] how else are you going to know how much you need to replace?" His advice was for runners to weigh several days before and after a run, and get an average weight loss. This will give the amount of water that needs to be replaced during and after a run.

Sergeant Cromwell said that there is no need for expensive sports drinks in most cases, but gave a simple recipe of 1 quart water, 1/3 third teaspoon salt and 1 cup sugar sweetened fruit juice, for those interested in gaining the benefit of sports drinks without the cost.

Sergeant Cromwell also advised to always do the math on protein drinks versus actual protein in food form to save both calories and money.

The highlight of the clinic for many attendees was the biomechanical screening performed by Major Hinrichson. The painless test measured

where each individual runner needs to stretch and gave them information on their feet and what preventive actions to take.

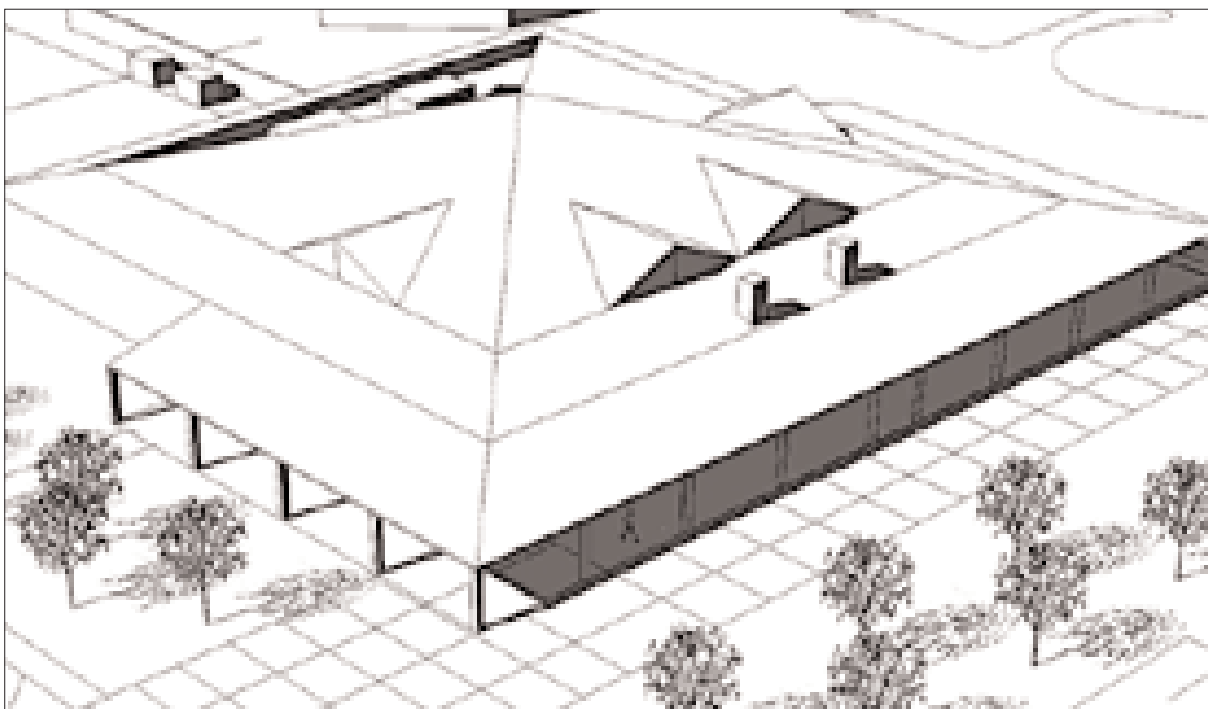
"What is tight will tear," Major Hinrichson warned attendees. Runner should pay extra attention to stretch after a run – when muscles are warmed up – to gain the most improvement in flexibility. Light stretching of 30 to 60 seconds can bring about a 15 percent improvement in flexibility if performed consistently one time per day for 30 days.

Ms. Anderson had helpful hints for Airmen concerning the PT uniform that is required October 1. She said the new shirt is great because it wicks moisture from the body, but the pants are too hot to wear most of the year in New Mexico temperatures. She further advised Airmen to wear undershorts (or spandex) under the new shorts because inside stitching can cause blisters and chaffing on thighs.



PHOTO BY JANET TAYLOR-BIRKEY

Maj. Lee Hinrichson, 27th Fighter Wing chief of physical services, performs a biomechanical screening during the Health and Wellness Center Running Clinic Tuesday. Major Hinrichson said he likes to see clients before they get injured and teach them how to prevent injuries during exercise.



COURTESY ILLUSTRATION

Back on track

Plans for a new \$9 million Airmen's Center are in the works again, following the release of funds after the announcement of the transfer of the 16th Special Operations Wing to Cannon. There will be modifications to the original plans, said Tom Downing, 27th Civil Engineer Squadron community planner. The project should begin in March 2007 and be complete around October 2008.

Article 15 results

Courtesy base legal office

A senior airman from the 27th Component Maintenance Squadron was reduced to airman, first class with the reduction to airman suspended, 21 days of extra duty, 21 days of restriction and a reprimand for failing to register personal firearms and choking his spouse.

An airman first class from the 27 CMS received a suspended reduction to Airman, 21 days of extra duty, 30 days of restriction and a reprimand for unauthorized absence from his place of duty and

traveling beyond the six hour pass radius without taking leave.

An airman first class from the 27 CMS received a reduction to airman, 14 days of extra duty, 30 days of restriction and a reprimand for unlawfully carrying a concealed handgun.

An airman basic from the 27th Logistics Readiness Squadron received 25 days of extra duty, 25 days of restriction and a reprimand for failing to go to his appointed place of duty on time.



COMMENTARY

Getting ready with a couple hundred of your best friends

By Lt. Col. Raymond Lopez
27 Logistics Readiness Squadron
commander

It's that time in the AEF cycle; the taskings are flowing fast and furious. By now the majority of folks for Air Expeditionary Force 3/4 have been tasked. If you are in the bucket and haven't been tasked, don't let your readiness level lapse as you may still be called and the tasking will most likely be short notice.

There are some things you can do to make your deployment processing go more smoothly. Specifically, complete your outprocessing checklists in a timely manner, understand the movement process and ensure that you and your family are ready for this deployment.

Let's say that you and a couple hundred of your closest friends have been tasked to deploy to Baghdad, Iraq. Your best source of information will be your Unit Deployment Manager (UDM). Your UDM will be able to give you the following information about your deployment: location, date required in-place (DRI), security clearance required, unit line number (ULN), estimated tour length and any line remarks. This information will be important later.

Your UDM will also give you theater reporting instructions and an outprocessing checklist. Take the time to read the theater reporting instructions, for Air Force Central Command it's 77 pages. It contains a lot of good information you need to know. The reporting instructions will tell you what is required to deploy to each location. For example, passports, international driver's license, M16, or "C" bags, may not be required for each deployment location.

All required actions must be completed before orders can be cut by the personnel readiness unit, specifically the medical and dental clearances. Outprocessing takes time and is normally not a one-day event. Manage your time accordingly.

The installation deployment officer will host several Combat Symposiums for the wing Southwest Asia deployers which will combine the CENTAF checklist with the classified location specific intelligence brief and a "boots on ground" discussion with Airmen who recently returned from those locations. Legal, Military Equal Opportunity, Family Support Center and Office of Special Investigation briefings will satisfy the outprocessing checklist requirements. The Combat Symposium is intended to provide "one-stop" outprocessing for deployers. If you need specific help from these agencies for items such as wills or powers of attorney, go to the appropriate agency for personalized assistance. Your UDM will schedule you for a Combat Symposium.

So now you and your friends have completed all the outprocessing items and you are ready to deploy. How is the Air Force going to get you there? It takes a highly coordinated effort to smoothly and efficiently move personnel from bases worldwide to the numerous deployment locations. To do this, maximum use of all airlift is essential. We live in a time of limited airlift resources and a dwindling movement budget. Therefore the Air Force cannot afford to send personnel from home station directly to the deployed location. There will be at least two transportation hubs or aggregation points that you will have to go through. These

points are known as the aerial port of embarkation (APOE) and the aerial port of debarkation (APOD).

Aggregation gets Airmen coming from different bases to a central location who are going to the same APOD with the roughly the same DRI. It is a cost saving and ride sharing program. You may depart the local area individually or in small groups using commercial airlift. For larger groups, the installation deployment officer works with Transportation Command to provide airlift from Cannon. This allows deployers the ability to fly directly from Cannon to aggregate locations without the need of flying commercially. It eliminates the inconvenience of navigating larger groups through commercial airports and the possibilities of having baggage lost or misplaced.

Every effort is made to move as many deploying personnel as possible from our doorstep at the 27th Fighter Wing to the launching point of the aggregation bases then to their final destination.

So there you have it. That is how the movement process is supposed to work. But we know things don't always go as planned. This is where knowing a few pieces of critical information will help you out if you get stuck enroute. You need to remember your ULN, DRI and location of your deployment. This information helps you get moving again.

Here are a couple of thoughts on personal readiness. It is your responsibility to make sure your dependents are financially taken care of during your absence. This can be done in a number of ways: Sure Pay, joint checking accounts and/or allotments. Consider your need for a will and power of

attorney.

If you are single, take special precautions when giving powers of attorney to friends. There have been instances of bad things happening between good friends during deployments. Thoroughly discuss these matters with the legal office. Think through how you are going to pay your bills and your government travel card.

Execute your dependent care responsibilities. It is your responsibility to make adequate dependent care arrangements in advance. Airmen with dependents have the primary responsibility for ensuring they fulfill both their personal obligations to their dependents and their professional obligations to the Air Force.

Your dependents/family should know the location and have access to the following documents: birth certificates, marriage license, divorce decree, will, powers of attorney and insurance policies, account numbers for checking and savings accounts and any other important documents such as vehicle registration or school papers.

The base Family Support Center can provide your family with financial planning, employment, relocation information and referral assistance. Advise your dependents to contact the local American Red Cross representative if any emergency arises which necessitates your return. The American Red Cross will contact the appropriate commander.

You are the Air Force's most important asset. This information will help you and your family while you are take care of our nation's business.

Stay safe and see you on the return trip back home.

MACH METER

The *MACH METER* is published by the *Clovis News Journal*, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 27th Fighter Wing at Cannon Air Force Base, New Mexico. This civilian enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the *MACH METER* are not necessarily the official views of, or endorsed by, the U.S. government, the Department of Defense or the Department of the Air Force.

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Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron.

Editorial content is edited, prepared and provided by the Public Affairs office of the 27th Fighter Wing.

All photographs are Air Force photographs unless otherwise indicated. For paid advertisements, call the advertising department of the *Clovis News Journal* at 763-3431.

News articles, local notes and other items for the *MACH METER* should be brought to the 27th Fighter Wing Public Affairs Office, 110 E Sextant Ave. Suite 1099, or e-mailed to the Mach Meter at

27fwmachmeter@cannon.af.mil.

All submissions will be considered for publication based on news value and timeliness.

Every article and photograph will be edited for accuracy, clarity and brevity, conformance with the Associated Press Stylebook and Libel Manual and with Air Force Instruction 35-101. Coverage of upcoming events should be arranged in advance by calling the Public Affairs office at 784-4131.

If you have a suggestion you would like to make, or a kudo you'd like to give, call the **ACTION LINE at 784-2722** — If you have a problem you need resolved, call the responsible agency first so they can provide better service to everyone promptly.

Deadline for submitting articles is noon Thursday the week prior to publication. Deadline for free classified advertisements is noon the Tuesday prior to publication.

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Mr. Greg Allen

Editor

Ms. Janet Taylor-Birkey

Staff Writer





This week's
Viper Wingman is



PHOTOS BY TECH. SGT. SCOTT MACKAY

Capt.
Christopher
Neiman

Col. Valentino Bagnani III, 27th Fighter Wing vice commander, meets with Capt. Christopher Neiman, 27th Security Forces Squadron, who served as the acting commander of the 27th SFS for four months.

The Viper Wingman showcases outstanding work ethic and accomplishments of exemplary Airmen with the highest standards of personal performance. To nominate a Viper Wingman, notify your first sergeant.

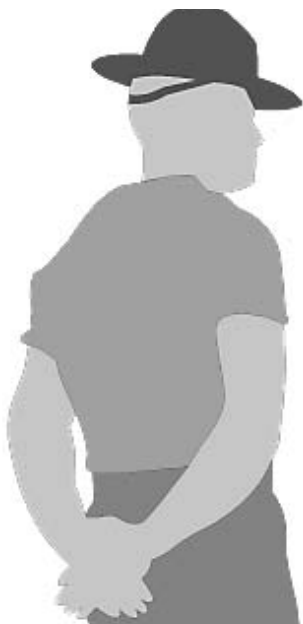
This week's
Viper Volunteer is



Staff Sgt.
James Coppi

Col. Valentino Bagnani III, 27th Fighter Wing vice commander, congratulates Staff Sgt. James Coppi, 27th Equipment Maintenance Squadron, for his presentation of the Air Force and Cannon mission during Sandia Elementary School career day.

The Viper Volunteer highlights the spirit of volunteerism and extraordinary contributions to the Cannon community. To nominate a Viper Volunteer, call Ellen Saccoia-Smith at 784-4228.



Sgt. Afi's 36-2903
Tip of the Week

In accordance with AF/DP message Nov. 12, 2004, paragraph 1f, when performing PT in the new fitness uniform, saluting is not required. Saluting is required, however, at all other appropriate times while in uniform.



FEATURE

Military Equal Opportunity born out of social strife

By Janet Taylor-Birkey

27th Fighter Wing Public Affairs

The time was the early 1970's — just a few short years after President Lyndon B. Johnson enacted the Civil Rights Act of 1964 — and race relations were not only affecting society as a whole, but also the military.

"The military was going through a large transition at that point with integration of military troops and the Department of Defense finally recognized a need for race relations due to several riots going on at locations," said Master Sgt. Sheila Parra, 27th Fighter Wing, Military Equal Opportunity chief.

Identification of this need opened up a new military career field called Race Relations, which eventually became Military Equal Opportunity. MEO stretches across all sister branches of the military and personnel are trained to deal with all forms of discrimination. Issues faced by the MEO office are often reflected by what is going on in current culture, said Sergeant Parra, with sexual harassment and race discrimination continuing to be the two prevailing concerns.

Active duty Airmen, their dependants and retired military members can find assistance and

education in the MEO office, but are encouraged to work through their chain-of-command if at all possible, which according to the *west.dtic.mil* Web site is military protocol.

"First sergeants and commanders have all received individual training. Try to give them an opportunity to work it [because] ultimately, that's who's going to make the final decision," said Sergeant Parra, stressing that many times issues are not as unsolvable as they might appear. "A lot of times it's just an education process on both sides."

Sergeant Parra makes it clear that MEO does not discipline anyone in the Air Force. "We are a neutral entity that goes in and finds the facts out." As certified mediators, they work to help find resolutions, enabling MEO to have a success rate of over 90 percent of cases going back to the chain-of-command, rather than involving further actions.

One of MEO's goals is everyone working together to achieve the highest personal comfort level possible in a work center. The importance of working toward inclusion is because most conflict comes from miscommunication or misunderstanding between individuals, said Sergeant Parra.

"I want them to know that if they are seriously

going through an issue, there's always help [and] we are here to help them," Sergeant Parra said.

The MEO office cannot promise anonymity in helping Airmen, but they do offer protective communication, which is limited confidentiality. Sergeant Parra advocates Airmen using chapel counseling services because they offer the complete confidentiality many desire in order to work through fears and concerns.

"So many people have fears of coming forward," she said, but "what they say in here stays in here. It's not going out in the newspaper; it's not going out to anyone who does not have a need to know."

Sergeant Parra said that even with limited confidentiality, if an Airman wants a problem resolved, a commander will need to know in order to work the issue.

It's not always easy to work misunderstandings between people, but Sergeant Parra said it's gratifying when resolutions are reached.

"When you're able to see the system actually work and you're able to help someone: when you see someone's eyes open up in those classes you teach. It's the little things [such as] when a first sergeant calls and thanks you for talking to their troop."

To contact the MEO office, call 784-2472.



PHOTOS BY YOLANDA ROMERO

Hillbillies hilarious at The Landing

Top: Gardenia Birchbuckle (Penny Whaley), George Romero (playing himself) and Huck Birchbuckle (Dave Olson) recite the Birchbuckle Family Pledge during the interactive dinner theater. *The Hilarious Hillbilly Murder Massacre* presented at The Landing Saturday. Right: Patty Serendipity (Lynda LaFond) catches Marylou Emmajo Bobbysue (Mitchell Brielle) as the "man-lady" (Brielle) jumps into her arms from fright.

Approximately 100 attended Saturday's show, which was put on by the Not Yet Ready for Prime Time Players. Those interested in joining the drama group should contact Community Services at 784-6381 for more information.





FEATURE

Bagram aircrews drop treats to Soldiers on Fourth



PHOTO BY MAJ. DAVID KURLE

Staff Sgt. Anthony Redding loads a special container delivery system bundle on a C-130 Hercules on July 4 at Bagram Air Field, Afghanistan. Aircrews from the 774th Expeditionary Airlift Squadron dropped bundles of treats to Soldiers at forward operating bases throughout Afghanistan in honor of America's 230th birthday. The bundles contained items such as soda, beef jerky, CDs and DVDs requested by Soldiers.

By Maj. David Kurle
455th Air Expeditionary Wing
Public Affairs

BAGRAM AIR FIELD, Afghanistan – Aircrews from the 774th Expeditionary Airlift Squadron airdropped something special on the Fourth of July for Soldiers at some of the most remote forward operating bases throughout Afghanistan.

The 230th birthday of the United States proved to be another hot, dusty day in Afghanistan, but thanks to the C-130 Hercules crews and Army senior leaders from the Combined Joint Task Force-76, Soldiers on the ground knew they weren't forgotten.

In all, 14 container delivery system (CDS) bundles weighing 1,500 pounds each were airdropped to seven locations in Afghanistan, said Lt. Col. Blake Gettys, the 774 EAS commander and a pilot on one of the airdrop missions.

"The Soldiers wished us a happy Fourth of July over the radio, and we wished them a happy Fourth of July," he said.

Attached to the bundles were American flags, which unfurled as the CDS loads left

the cargo planes, adding a patriotic touch as they fell to the ground underneath parachutes.

Each of the bundles contained goodies requested by the Soldiers, including sodas, cookies, beef jerky, CDs, DVDs, footballs, soccer balls, socks, T-shirts, personal hygiene items and an assortment of other treats.

"As a small token of appreciation for serving on freedom's frontier, I hope you find the items in this bundle drop enjoyable," wrote Army Maj. Gen. Benjamin Freakley, CJTF-76 commander, in a letter on each bundle.

"I am proud of your service and thank you again for the amazing spirit you display every day on this battlefield," the general wrote. "May God bless you and our great nation."

The bundles were built on a base of 20 cases of water to help provide stability and give the bundles enough weight for the parachute to function properly, said Army Spec. Denton Carter, a rigger with the 10th Logistics Task Force rigger team. Carter is assigned to the 623rd Quartermaster Company at Fort

Bragg, N.C.

Many senior leaders from CJTF-76 and the Joint Logistics Command assisted in loading and rigging the bundles.

"We think it is important the [Soldiers receiving these bundles] know the leadership is thinking about them on the Fourth of July. This is an important day for us and an important day for our country," said Army Col. Larry D. Wyche, commander of the Joint Logistics Command.

C-130 crews fly combat missions every day, often airdropping supplies to Soldiers in the field, a mission the C-130s haven't performed in a war zone, on this scale, since the Vietnam War.

"Every time we fly, we do everything in our power to get the drops off," Colonel Gettys said. "Whether it's ammunition, water or Fourth of July goodies.

"There's probably no better way that I could've spent my Fourth of July than by supporting the troops on the ground," he said.

(Editor's Note: Army Sgt. 1st Class Michael Rautio from the Joint Logistics Command contributed to this article.)



No breaking this barrier

An F-16 Fighting Falcon tests the new aircraft-arresting barrier at the end of the runway at Balad Air Base, Iraq, on July 4. The new barrier is expected to increase safety by catching aircraft before they roll off the end of the runway.



COMMUNITY EVENTS



COURTESY PHOTO

Pet of the Week

This orange and white kitten is available for adoption. For information on him or other pets that are available, call the Family Support Center at 784-4228.

■ Continued from page 1

Key Spouse training

The next Key Spouse training is 5:30 to 6:30 p.m. Monday at the Family Support Center Annex.

People who are interested in becoming a Key Spouse can contact their squadron first sergeants.

For more information about the program, call 784-4228.

WorkKeys assessment

A free WorkKeys skills assessment is 9 a.m. to noon June 21 at the Family Support Annex July. The assessment certificate is recognized by 18 states and gives employers a quantitative look at an employees' skill level.

For more information, call the Family Support Center at 784-4228.

Staff agency awards breakfast

The first staff agency quarterly awards breakfast is 7:30 a.m. on July 27 at the Pecos Trail Dining Facility. The awards presentation starts at 8 a.m. The Cannon public is invited.

For more information, call 784-7776.

Health professionals needed

The Air Force is seeking qualified applicants to become active duty medical officers. Health profession scholarships are available for individuals who wish to become doctors, nurse, dentists, pharmacists or clinical psychologists.

For more information, call 1-866-844-8260 or e-mail oaxq367@af.mil.

MDG closure

The 27th Medical Group Clinic is closed the first Thursday of every month from 1 to 4:30 p.m. for training.

DRMO closure

The Defense Reutilization and Marketing Office is closed July 24.

For more information, call 784-2437.



JULY 14 8 am - 4 pm
at THE LANDING

- **RV and boat show**
Includes RVs from local dealers and Outdoor Recreation
- **Over 300 New Mexico and Texas business invited**
This is your chance to get all the info to plan a getaway
- **Open to all Cannon AFB personnel**
- **Great giveaways and door prizes**

WIN

Two Round Trip Tickets to
Albuquerque



FEATURE



PHOTOS BY TECH. SGT. SCOTT MACKAY

Joe Cannon Yard of the Month

Senior Airman Charlie Breitbarth, 27th Equipment Maintenance Squadron, stands next to the Yard of the Month sign with Col. Peggy Poore, 27th Mission Support Group commander. Airman Breitbarth's yard was selected as Joe Cannon Yard of the Month for June.

**Chavez Yard of the Month**

Tech. Sgt. Kim Bullard, 27th Logistics Readiness Squadron, and Anna Bullard, stand next to the Yard of the Month sign with Col. Peggy Poore, 27th Mission Support Group commander. The Bullards' yard was selected as the Chaves Yard of the Month for June.



What's happening?

**Today**

Discover Home Travel Fair – 8 a.m. to 4 p.m. at The Landing
Seafood Buffet – 11 a.m. at The Landing
Vender Demo Day – 5 p.m. at WWGC*
X-Box Challenge – 6 p.m. at The Landing

Saturday

Paintball Playday – 8 a.m. at Doc Stewart Park
Fishing trip – 1 p.m. with the youth center
Glowball Golf Tournament – 5 p.m. tee time at WWGC
Tropical Night – 5 p.m. to 1 a.m. at The End Zone
Texas Hold 'em – 6 p.m. at The Landing

Sunday

Dart League – 6:30 p.m. at The End Zone

Monday

Penny Pincher Special – Side Salad and half a Patty Melt \$3

All American Buffet – 11 a.m. to 1 p.m. at The Landing
Community Theater – 6:30 p.m. at the Central CC*

Tuesday

Penny Pincher Special – Side Salad and half a Patty Melt \$3
Senior Golf League – 9 a.m. at WWGC
Barbecue Buffet – 11 a.m. at The Landing

Wednesday

Penny Pincher Special – Side Salad and half a Patty Melt \$3 Members First
Italian Buffet – 11 a.m. at The Landing
Chicken or Steak Fajitas – 5 p.m. at The Landing

Thursday

Penny Pincher Special – Side Salad and half a Patty Melt \$3. Members First
Mexican Buffet – 11 a.m. to 1 p.m. at the Landing

Mongolian Buffet – 5 to 8 p.m. at The Landing
X-Box Challenge – 5 to 7 p.m. at the Portales CC
Community Theater – 6:30 p.m. at the Central CC
Chess Club Casual play – 6 to 8 p.m. at the Community CC



* CC — Community Center WWGC — Whispering Winds Golf Course CDC — Child Development Center



Unit Spotlights



Officer honor guard

Cannon's new company grade officers honor guard posts the colors during a retirement ceremony for Col. Jeffrey Harrell, 27th Fighter Wing vice commander, June 30. From left to right are: 1st Lt. Jarret Flexman, 27th Logistics Readiness Squadron, Chaplain (Capt.) Ralph Elliot, 27th Fighter Wing Chapel, 2nd Lt. Troy Lane, 27th LRS, Capt. Tracey Coquat-Rives, 27th Services Squadron and 1st Lt. Gloria Moran, 27th Mission Support Group.



PHOTO BY AIRMAN 1ST CLASS HEATHER SALAZAR



CANNON AIR FORCE BASE CHAPEL

CATHOLIC

The Sacrament of Reconciliation is 8:30 a.m.
Sunday mornings.

Sunday Mass 9:30 a.m.

Weekday Mass 12:05 p.m.

M,W,F

PROTESTANT

Sunday Services (Summer Schedule)

Sunday School 9:15 a.m.

Combined Service 11 a.m.

Vacation Bible School (July 31 – Aug. 4)

12:30 p.m.

For more information about other programs or
other faith groups, call the chapel office at
784-2507.

At the Movies

The Cannon Movie Theater is located on the corner of Torch and D.L. Ingram.
Movie prices are \$3.50 for adults, \$1.75 for children and \$1 for all viewers on Thursdays.

The Omen

Today and Sunday at 7 p.m.

Description: Robert Thom is a senior American diplomat whose wife, Katherine, endures a difficult delivery where their newborn child has died. Thom knows the news will devastate Katherine, who has suffered two previous miscarriages. The hospital priest presents him with another baby born that night to a mother who died. The baby, Damien, is unknowingly raised as her own, but when he turns 5, unsettling events begin to occur. Only then do they realize he is the prophesized AntiChrist. Thom must make the ultimate sacrifice to prevent the unspeakable terror that awaits the world

R – disturbing violent content, graphic images and some language

Running time: 105 min.

The Break-Up

Saturday at 1 p.m. and Sunday at 4 p.m.

Description: After Brooke (Jennifer Aniston) calls it quits with her boyfriend (Vince Vaughn), neither person is willing to move out of the condo they share. Taking the advice of their respective friends and confidants (and a few total strangers), they both engage in mental warfare designed to force the other person to flee the premises – until they both realize they might be fighting to keep their relationship alive.

PG-13 – some sexual content, nudity and language

Running time – 96 min.



THE LIGHTER SIDE



ANSWERS TO JULY 7 PUZZLE





SPORTS SHORTS



PHOTO BY AIRMAN 1ST CLASS THOMAS TROWER

Panama City hopefuls

Kim Wilson, Cannon Federal Credit Union, presents the Cannon Women's Softball team with a check for \$500 July 7. The softball team also received \$200 from VFW Post 3280. All money the team raises will be used to go to a tournament in Panama City, Fla. later this season.

Cannon Lanes

Moonlight and Music* – From 6 p.m. to midnight Saturday. Bowl to music, \$1.75 per game.

Cosmic Family Fun Night *– From 6 p.m. to midnight July 22. Enjoy music, flashing lights, glow in the dark lanes, pins and bowling balls. Cost will be \$2 per game for this special night.

Through Aug 15

Mondays – Coca-Cola Bowling 8 a.m. to 2 p.m. The cost is \$1.50 per game. Win a two liter of Coke with a strike on a red head pin. Limit one win per game. *No endorsement intended.*

Thursdays and Fridays – Children's Hour – 10 a.m. to 4 p.m. The first child, 12 or under, bowls free when the parent bowls at regular price. The second child bowls for \$1 per game and each additional child bowls for 50 cents per game.

(*Call 784-2280 regarding children under 3 years of age)

Whispering Winds Golf Course

Monday Night Scrambles – Two-person teams and players may select their partners. Sign up by 3 p.m.

Tee Time Policy – Tee times will only be given to groups of three, four or five on weekend or holidays. Groups of five must have at least one electric cart per group. Single or groups of two come out and try joining another group to make a 3, 4, or 5 some. If the course is not crowded the counter attendant or course marshal may allow smaller groups to play.

Senior Days – Senior golfers 50 years and older will receive \$2 off daily green fees and 50 percent off electric carts on Mon-Fri .

Retiree Wednesdays – Golfers with a retired military ID card will receive \$2 off daily green fees and 50 percent off electric carts on Wednesdays.

Member First Discounts – 10 percent discount off annual, quarterly and monthly greens fees. Half off club rentals. \$2 off cart rental for 18 holes.

Outdoor Recreation

Boater Safety Course will be offered at Fort Sumner Lake. This course is mandatory before renting powered watercraft from Outdoor Recreation.

The next course is Aug. 11 and costs \$20 per person.

For more information, call 784-2773.